



JULY 1963



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SPASTICS NEWS

THE SPASTICS SOCIETY

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Editor's Note

The SPASTICS NEWS is now paying for articles and letters accepted for publication provided each is written by a spastic person, or at his dictation.

No payment for news, mind you—this is your paper and if you have news, you tell us.

Articles and drawings—payment up to 2 guineas, according to merit, length and need (*our* need!). No short stories, please—Mr. Lister is fixing us up for those—and no descriptions of holidays. Study the standard of pieces which have already appeared (particularly in the June issue, which contained eight articles and drawings by spastics). No need at all to write the same kind, but yours must be as good!

Short anecdotes are welcomed.

Front Cover

We thought we'd have an upside-down cover, as it's the silly season—and as this riotous tug-of-war on Sports Day at Wilfred Pickles school wouldn't fit any other way.

(Photograph: Courtesy The Teacher)

Back Cover

This is Barbara Skinner, Homemaker of the Year, who received an award from star Brian Rix on June 26th. Barbara comes from Swaffham, Norfolk. Her prize is for the most consistent good work and continuous effort in jewellery making in 1962-3. She also does exquisite embroidery, as you see.

(Photograph: John Bundock)

E.G.M.

Newcastle

THE Spastics Society's first Extraordinary General Meeting under its new title was held at the Royal Station Hotel, Newcastle, on May 25th, and was attended by representatives of 49 Groups.

The new Chairman of the Society was unable to be present, having returned from a visit to America only that morning, but, guided by Mr. Moira, an interesting programme was enjoyed by a sizeable audience in an atmosphere somewhat more informal and friendly than usual, for most of the stalwarts and pioneers were there, and we were glad to have with us as well Mrs. Coulter from N. Ireland, and Mr. Laird and Mr. Robertson, Chairman and Secretary of the Scottish Council for the Care of Spastics. The Society was welcomed to Newcastle by the Lord Mayor, Alderman C. H. Sim.

The Assessment Service

Miss E. F. Townsend, the Society's Senior Social Worker, described the work of the Assessment Panel which was made up of a paediatrician, an educational psychologist and a social worker, all with a close knowledge of cerebrally palsied children.

Miss Townsend made it clear that Assessment was not the equivalent, for spastics, of the 11 plus examination. Its purpose was not to find out whether a child was educable or ineducable, but how far and in what ways he could be helped socially and educationally, and to gain an expert and objective measure of his specialised needs. No question of "success" or "failure" was involved therefore, and parents were urged not to think of assessment in these terms. The work of the Assessment panel proved that there were other standards by which to judge, and other rewards in parenthood, than mere measurement by rigid standards of technical educability.

Education Problems

Mr. Pedder, Headmaster of Wilfred Pickles School, gave a terse and explicit summary of the educational difficulties, needs and achievements of the C.P. child. Mr. Pedder's outline of applied educational theory, with its many practical examples, will be reported in the next issue of the Spastics Quarterly.

Physical Dependence but Social Independence

Mrs. Christine Brown, Warden of Ponds Home, told members about the considerable programme of further education studies at that centre, and about the way in which Ponds fitted in to the larger community. Each resident, however severely handicapped, strove for some measure of social independence, and some of the young people had even built up jobs for themselves, such as selling soap powders to local housewives.

Accuracy of Assessment

During question time, Miss Townsend was asked: "How do you know the results of assessment are accurate?" She replied that we did not know, but could reckon on 95% accuracy on each test. Over 10 years' experience our results were proving accurate in long term observation. All assessed children were carefully followed up, and Hawksworth Assessment Centre was used to cope with some doubtful assessments. Here observation over a period of months was set beside the clinical data already obtained.

School and Family

Mr. Lauder of Newcastle asked if there were any special ways in which co-operation between family and school could be strengthened. Mr. Pedder, in replying, urged parents to take time to visit the school, and to use and comment on the guidance notes issued by the school for holidays. The school in its turn should take parents more into its confidence—sometimes lines of communication became unintentionally blocked.

Education in frustration?

Mr. Rogers, of Chesterfield, asked Mrs. Brown if the wider horizons now possible for spastics sometimes frustrated or depressed intelligent young people by making them more aware of their physical handicap. Mrs. Brown agreed that it was in some ways a dual disability to have good intelligence, but the possibility of discouragement was a challenge to be faced by those working with these young people. Outlets for their talents must be found.

Pre-School Help by Parents

Mr. Pearce, of Yeovil, asked what, in view of the fact that specific learning difficulties were not obvious in a young child, could be done by parents to help their children to learn, before school age.

Mr. Pedder said Day Nurseries throughout the country were, of course, the ideal answer, but as things were parents should:—

- (1) Give their child a wide variety of materials to use in general play—building blocks of different shapes and colour, materials of different textures, sand, water, and so on.
- (2) Talk to the child as much as possible.
- (3) Let the child play with the household pots and pans, and show him the cooker and the rest of the household furniture.

The meeting discussed, and strongly disapproved of, the division of authority between Education and Health over ineducable and educable children. **Opinion was unanimous that the whole child population of this country should come under the authority of the Ministry of Education.**

Co-operation

The Director, who had been nagged into speaking at an Extraordinary General Meeting instead of silently and steadily smoking his pipe through meeting after meeting, said that attendance at General Meetings was itself an important form of co-operation and an indication of our desire to work together. Such meetings were more than a collection of individual pieces, with Cigarettes by Abdulla, Wigs by Bert, flowers by Miss Townsend, votes of thanks by George, and so on. Each was a substantial amalgam, and it was important from time to time to see the work of the Society as a whole.

"Great human problems, such as that upon which we are all engaged, do not necessarily produce great human insight. Indeed the size and complexity of any problem that is a real human problem is such that the problem itself will tend to be split into smaller pieces, each within the easy grasp of ordinary people such as ourselves." It was important that from time to time we should try to fit some of the smaller pieces together as we had been doing today, so that we could see the larger problems.

The Living Middle Way

"Many of our problems relate to the choice between apparent opposites. Co-operation between the parties concerned can show us a living middle way when failure to work together can, at best, give us a lifeless compromise, and at worst give us no solution at all."

That was why, said Dr. Stevens, it was so important that in a Society like ours we should be constantly aware of the importance of co-operation at all levels, not because it is forced on us, but because we seek it. Co-operation between parent and teacher—parent and doctor—teacher and doctor. Between Group and Group—Group and Region—Group and Spastics Society (especially on Christmas cards and jewellery). Between the Group and the local Welfare, Educational or Health Authority, and between the Society and the Central Government. Between all of us and our research workers: between us and other charities. Between all of us and the press and T.V. authorities. And, above all, co-operation between the past and the present (with not too much looking over our shoulders), and between the present and the future."

Explain to the public

"In all this," Dr. Stevens said, "the most important co-operation is between us as a charity and the general public. Charity of its very nature does not bring enmity—but envy can. It is important, therefore, to let the world see not only the means which we had scraped together but the purposes to which these were intended. It is no good expecting sympathy for aims which are either ill-defined or apparently concealed. We need ambition and adventure—a continuation of the spirit which saw to the launching of this Society.

Confidence

"Work for charity requires men and women of integrity, common sense, personal ability, dedication, and ability to inspire and maintain confidence. It also requires men and women of professional skill both as voluntary workers and as staff men. Charity needs men and women who can steer along the calm living middle way between noisy protest and rampant apathy. It needs people for whom honour and honesty are not old-fashioned ideas."

Leadership

Dr. Stevens ended his talk by saying that co-operation nearly always needed leadership—and we had been very fortunate indeed so far in our Chairmen, Hon. Officers and staff. We could hope that by its example to other organisations, our own Society would become even more clearly the leader—the captain of charitable endeavour.

"And only those who do not understand real charity will complain of the price which must be paid for it."

Have you booked your holiday yet?

BEDFONT HOLIDAY HOTEL

Marine Parade West, Clacton-on-Sea, Essex

The Society are happy to announce the opening of a holiday hotel for spastics at Clacton-on-Sea, for a short season—July, August and September, 1963.

It is regretted that accommodation will have to be limited to lightly handicapped, mobile holiday-makers this summer, but after structural alterations have been carried out during the winter, holiday and short-stay care will be available the whole year round.

For further information and bookings, please apply to: The Projects Secretary, The Spastics Society, 12 Park Crescent, W.1.

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bathing opposite the hotel

•
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THE SOCIETY'S TEN YEAR PLAN FOR THE FUTURE

by J. A. Loring

IF a small army is to occupy a large country there are a number of important pre-requisites. The first of these is that it must be well commanded and properly trained for the job, and the second is that it must deploy its limited forces to the best effect. If it distributes its troops in small numbers in every town and village it will become ineffective as a fighting force, and incapable of acting decisively at any one place. By analogy the Society's situation is very similar. It must make the best use of relatively scarce resources and martial them effectively and well if it is to fulfil its role.

It has been estimated that there are 75,000 spastics in England, Scotland and Wales, and apart from those in Scotland, where there is the Scottish Council for the Welfare of Spastics, the Spastics Society has assumed a general responsibility to do the best that it possibly can for any cerebral palsied person who seeks its help. The Society will never be able to provide all the facilities required for all spastics. A great deal of that responsibility must rest with the Government and Local Authorities, but the pressure on the Society's resources will always be great. To some extent this helps planning for the future, since there is so much to be done that one only has to establish a scale of priorities and undertake that which is most urgent and important.

To be in a position to achieve this it is essential that those working for the Society should have clearly defined objectives, proper defined authority with which to attain these objectives, a clear picture of the overall plan of developments, the necessary skill and expertise with which to undertake the work and that there should be sufficient funds with which to pay for it.

Not a Single Disorder

When one considers the social consequences of cerebral palsy, one is faced with the fact that rather than being a single disorder it is a group of disorders. Doctors are by no means agreed upon its classification, but in a memorandum published in the Cerebral Palsy Bulletin entitled "Terminology and Classification of Cerebral Palsy" no less than 3 main classifications were suggested. If these were multiplied by the 3 broad divisions of mildly, moderately, and severely handicapped, we would have 24 groups, and if we were to consider 4 main divisions of measurable intelligence, we would have 96 possible classifications. Many of these are too small to be seriously considered and many so alike that they can for practical purposes be grouped together. Nevertheless, this theoretical fragmentation does help to illustrate the diverse nature of the problem and the truth of the statement one so often hears that no two spastics seem to be alike.

For the Child

Looking to the future it seems probable that the Ministry of Education and Local Education Authorities will increase their provision of places for handicapped children to a point where the Society itself will not need to provide more schools but there will, almost certainly, always be a continuing pressure to increase in size those schools already built.

So far as so-called "ineducable" children are concerned, the provision of Local Authority places in Junior Training Centres seems likely to be less adequate than that of school places. The Society's project at Meldreth in Cambridgeshire for 120 severely sub-normal but trainable spastics will make an important contribution in this field.

For the Adolescent

The outlook for the adolescent spastic is now much improved and the Society's Further Education Centre which will open in October will help to "bridge the gap" between school leaving and training and employment. Sherrards Training Centre has recently been more than doubled in size. The Chester Office Training Centre is now open and a site is being sought in the north of England for a "second Sherrards". No doubt a number of spastics who find places in the Birmingham Sheltered Workshop and the Harlow Work Centre, both of which should be completed within the course of the next 3 or 4 years, will subsequently be able to take jobs in open industry.

For the Adult

Many Local Groups are planning Work Centres, and the Society itself is making financial provision for the opening of hostels near many of these local Centres. These will enable those working in the Centres to move from one locality to another and will also provide homes for young spastics who obtain employment but cannot live with their families.

The greatest part of the task which faces us is undoubtedly the need to provide more adult Residential Centres. As the Society becomes more expert at teaching, training and placing spastics in employment, so the pressure to provide these should lessen, but there will always be a number of heavily handicapped spastics who for one reason or another will not be able to live at home, and for them the Society must provide a roof and place in which to live a worthwhile life. We already have Prested Hall, Coombe Farm, Ponds and Daresbury. Briefs or outline plans for the enlargement of these already exist, but there must be a substantial increase in the number of Centres and to this end the Society has made provisional reservation of funds for increasing the present number of centres from four to eight.

One site has already been bought near Manningtree in Essex, and it is expected that the next new site will be somewhere in the north of England. As suitable sites and properties become available so the Society will buy them although it may well have to wait some years before it can develop them to their full capacity. It is important that these Centres should be placed in lively and diverse activity. We hope, for example, that the Oakwood extension to Prested Hall which will provide for a number of spastics with an interest in furthering their education, will not be the last of its kind. One would in fact like the Society's Centres to constitute a group of units within which spastics can move and work according to their interests, their capabilities and their age.

For the Family

Of course our most important work will always be at the beginning, at the moment when a child born into a family is known to be handicapped. We must work to improve the diagnostic and early assessment facilities for very young children and improve the support and advice that we give the parents of these children. The Society's plan for the creation of 10 Family Help Service Units will constitute a most important advance. The first is about to open at Nottingham. These units will provide bases for Social Workers and teams of home visitors. They will provide temporary accommodation for young spastics whose families are passing through a period of crisis. They will also provide diagnostic facilities for the use of doctors and psychologists. The work undertaken will be in close concert with Local Authorities and Hospital Boards and it is hoped that Family Doctors will become concerned.

Wide Scope of Plans

This is only a broad outline of the Society's future developments. I have not touched upon a number of important projects, for example, the need to increase the number of special holiday and short stay centres, and the creation of a Staff Training Centre, but the scope of the plan does, I hope, show the need to increase our income by every possible legal means and to tell the general public who will give these funds, in easily understood terms, how their money is being spent.

Although we are, relatively speaking, a successful Society, we cannot afford to neglect any reputable source of income. The task we have undertaken is too urgent to permit avoidable delays. We also have important commitments in research which we must continue to honour. It is vital that the enthusiastic and virile work of the first years of the Society's life should continue undiminished, and whether this will happen must depend in the last analysis on the efforts of the Society's voluntary workers and the paid staff to whom they entrust the day to day running of their great national charity.

Anglo-American Collaboration in Medical Knowledge

ENGLAND and America are joining hands to help spastic children.

An important group of American doctors (the American Academy for Cerebral Palsy) specially concerned with the problems of spastic children have chosen an English medical publication as their official organ. This is a high compliment to the standards of British medical journalism and, in particular, to the editors of the journal, "Developmental Medicine and Child Neurology".

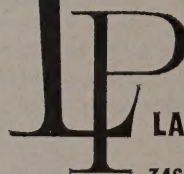
The journal, published for The Spastics Society, is edited by Dr. Ronald MacKeith, children's physician at Guy's Hospital. He is assisted by Dr. E. Clayton-Jones of Tonbridge, formerly assistant editor of *The Lancet*, and Dr. Martin Bax who also edits the literary magazine *Ambit*.

Announcing this development, Dr. C. P. Stevens, Director of The Spastics Society, said: "Recent close co-operation and sharing of medical knowledge between countries is better for spastic children everywhere and better for world peace. Sharing a journal that is read all over the world on both sides of the Iron Curtain brings the value of the printed word to the international service of humanity."

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DEVELOPMENT OF COMMUNITY CARE

by Derek Lancaster-Gaye

A TEN-YEAR PLAN

A NEW look at the Health and Welfare services at a cost of some £220m. during the next ten years is now forecast by the Government in its recently issued "Blue Book". When the Minister of Health, Mr. Enoch Powell, announced his plans for the development of the hospital service over a year ago it was stressed that many of the recommendations of that plan could only be put into operation in conjunction with a similar plan to streamline and improve the health and welfare services provided by the local authorities.

The Hospital Plan places a remarkably high degree of faith in a general reduction in the total number of hospital beds; in doing this it has been stressed that only patients in need of hospital treatment shall be regarded as suitable candidates for a hospital bed. Without a very substantial improvement in the local authority provision of beds for old people, day units and other specialised accommodation, there is little doubt that the concept of hospital accommodation would just not work.

Happily local authorities have responded; plans have been prepared, often in conjunction with the voluntary bodies concerned, for a more comprehensive service involving rather more of everything. Well up the list is accommodation for old people. The work houses are to disappear and over 50,000 more places are to be provided for old people in modern and purpose-built premises. This is to cost the ratepayer £117m. out of the total of £220m. The Report is concerned too with the problem of the handicapped; whilst in total cost the amount to be spent in providing accommodation and centre facilities for this group is far less than that on old people, the amount is nevertheless considerable and local authorities have indicated that great strides are to be taken during the next ten years to tackle the problem. It is perhaps too early yet to assess with any accuracy how realistic are the proposals and whether these will fully meet the demands now being made. Nor is it possible to say without more research whether the proposals will be equally realistic ten years hence.

The Mentally Subnormal

The Report has stressed the need for more hostel accommodation for the mentally subnormal child; without it many children would not be able to attend the special regional centres of training which are too remote from their homes to allow of daily travel. Of even greater importance, suggests the Report, is the need for hostel accommodation for the mentally subnormal adult, not only to facilitate his attendance at a training centre or sheltered workshop, but to cope with the situation when parents are too old or die. For the physically handicapped, the Report lays emphasis on the need for him to remain an active member of society. A handicapped person, the Report says, can cope with his disabilities more easily if his home has been designed or adapted,

and is equipped, to meet his needs. Houses specially designed for the handicapped have been built by a number of housing authorities and voluntary organisations. Local authorities have powers to assist handicapped people in meeting the cost of adaptations in their homes. The Report gives as examples ramps, wider doorways, ground floor lavatories, guide rails, grips, light switches, taps and doorhandles. By implication the Minister hopes that other authorities will follow this lead. The number of new centres for the physically handicapped is impressive; unfortunately the Report does not provide sufficient detail to indicate just what services are to be included in these centres.

Voluntary Work

Without doubt one of the most significant facts emerging from the Report is the emphasis it lays on the value of voluntary effort. Voluntary organisations, it says, have pioneered many of the health and welfare services as we know them today and in association with the statutory authorities continue to take an important part in providing and developing them. The Minister stresses the need for regular consultation between these bodies; this would ensure on the one hand that local authorities are aware of the help which voluntary organisations can give and on the other that the authorities make known to the organisations the specific tasks for which volunteers are needed. The development of community care, as proposed in the local authorities' plans and the rate at which it can go forward, will be greatly influenced by the relationship which is established and maintained between voluntary and statutory effort. The Charities Act, the Report adds in small print, will help charities to exchange information with local authorities and to co-ordinate their activities in the interests of the handicapped. It is to be hoped that this process of exchange will adopt rather more of a two-way habit in the future and that those authorities who have not seen fit to consult with the appropriate voluntary organisations before framing their planning policy for the next ten years will adopt a more intelligent attitude to the major role that voluntary effort undoubtedly has to play in the welfare game.

Complementary Effort

With such a vast programme now on the drawing board it becomes more important than ever that duplication of effort should be avoided. One must assume that the task of establishing what a local authority intends to do in the future will present less of a problem. One must also recognise that the Plan as it now stands will be subject to change in the light of need as the years go by, and indeed by the availability of capital. Though many of the projects will qualify for Government grant, the estimates are those of the local authorities concerned. Whether capital funds will be available at the right time, or at all, will depend in the final analysis not only upon national resources but upon the local ratepayer.

And He Proved That He Could

by Keith Parker, 'Wolverhampton Express and Star'

ROY MATTHEWS was busy working at his joinery and turning as usual yesterday in his tiny workshop—a lean-to shed in the back garden of his terraced Wellington home.

His small woodwork business—he does running repairs and makes such things as fruit bowls, lamp stands and clothes horses—flourishes. Things will be a little more comfortable soon because he is to have a spanking new workshop, costing well over £100, built in his garden.

A not-so-unusual story?

But Roy, aged 22, of Victoria Avenue, Wellington, is a spastic—a spastic who has struggled through from the time he couldn't walk to today when he can walk, dance, drive and operate his machines with skill.

Behind this undoubtedly budding success story lies a tale of grim determination and courage. . . .

Bonny Boy

"It came as a terrible shock to think that I could have a child like that," Mrs. Matthews, who has three other perfectly healthy children, recalled.

She said: "It has, however, taught me a lot, and I shall always help anyone in a similar position."

Things were far from easy. War time rationing made things worse. For about nine years Roy was in plaster and irons.

Real Cripple

His father, Mr. William Matthews, spent hours, weeks, months, trying to teach his son to walk. Roy was then a real cripple—he could not stand or sit in a chair properly.

Then came the idea of getting him a tricycle to exercise his leg muscles. Everyone persevered until it did the trick.

He had worn out four machines before the Ministry supplied him with a big three-wheeler.

He never went to school—his mother waged a war with the authorities until she won and tutors called at the Matthews' home on various weekday afternoons.

Roy began to get interested in woodwork, after watching his father, and decided that it was this he wanted to do.

Joined Classes

He wanted to get into night school and despite refusals from some because it was considered it might be dangerous to have him near machines, he eventually managed to join evening classes at Hadley.

A patient woodwork master had him under constant supervision and his sister Doris bought him a small lathe. Before long he was amazing his woodwork master with the quality of his work.

Shrewsbury and District Spastics Group is to spend well over £100 on a new workshop and equipment for Roy.

Explained Mr. D. C. Gardner, the group's secretary: "In a few years Roy should be earning enough to keep himself and that is what we are aiming for."



(Photograph: Courtesy of Express and Star)

Busy at work making a wooden fruit bowl in his back garden workshop is Mr. Roy Matthews, of Wellington, Salop

"The Spastics Society in London is taking some of his work and selling it in the West End."

Determination

Mr. Gardner had this to say of Roy: "He was very severely handicapped and would be regarded as heavily handicapped now. He has overcome it by sheer determination and the fact that he likes to be independent. He gets out and about and it has done him a world of good."

Roy now drives a petrol-driven invalid car, having managed to convince everyone that he is a safe and competent driver.

His mother, a founder member of the group, says: "Roy's favourite expression is 'I can do it.'"

"The only time I have heard him say anything different was when he once said: 'Mum, I wish I could play cricket like the other boys.'"

She added proudly: "I think all this has brought out other qualities in him that he may not have developed if he had not been a spastic."



Lining up for the Coronation Street Stakes

THE DONKEY DERBY

ALL contestants were away to a good start, or almost all, for Miss Butters found it quicker to get off and pull when her donkey just wouldn't go.

The Derby, held at Dulton, Lancs, was opened by Jack (Coronation Street) Howarth, and organised by the Cumberland, Westmorland and Furness Spastics Society.

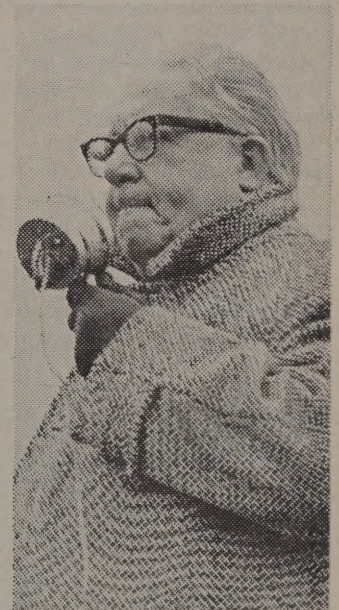
Despite the blustery weather, between four and five thousand spectators stayed to enjoy the fun at the many sideshows, which included Bingo and a Punch and Judy Show. A new attraction—whippet racing—was provided by the Ulverston Whippet Club.

It was the second year that Mr. Howarth had opened the event, and he certainly came through with flying colours, for much of his day was spent wandering about in the rain selling his autographed photographs in aid of the event.

But for the youngsters, the familiar cars and cycles of the roundabout provided all the excitement they could wish for.

They're off!

(Photographs:
Courtesy of
North Western
Evening Mail)



Miss J. Butters found it quicker to pull her stubborn mule



Three winners line up for the presentation



News

in brief

Wrexham

A successful coffee evening held at the Spastic Centre, Meilor General Hospital, raised £132 5s. 0d. The cheque was presented to the Wrexham Handicapped Children's Society as a donation toward the cost of extending the unit.

(Edited from Wrexham Leader)

Hitchin

The Stevenage Sub-Committee of the Hitchin and District Friends of Spastics have arranged to spend over £500 on furniture for the new Sherrards extensions.

Bishop's Stortford and District

The Bishop's Stortford and District Group has a new Chairman. She is Mrs. M. Papworth of 83 Nursery Road, Bishop's Stortford. Mr. Woolley, the retiring Chairman, will now be Vice-Chairman.

Seaside Holiday

A fortnight's holiday in Cornwall was enjoyed by 29 physically handicapped children during May.

The holiday was given by the Cornwall British Red Cross Society to children from the Bristol and South Bristol schools for spastics. They are the first of seventy children for whom the Cornwall Red Cross are providing a holiday by the sea.

(Edited from West Briton)



Over goes another one, and £10 more lands in the Spastics Fund.

One of the first customers at the Swan Hotel, lower Darwen, when it opened in 1908, was given the honour of pushing the pile of pennies over—and our picture, sent us by Mr. Keighley, N.W. Regional Officer, shows the 94-year-old Tom Morris made a good job of it.

Watching are: left to right, Mrs. F. Green, Mr. F. Savory (Hon. Sec. of the Blackburn Group), and Mr. F. Green, licensee of the Swan Hotel.

Oldham



(Photograph: Courtesy of Crompton and Royston Chronicle)

It is said that too many cooks spoil the broth, but there couldn't be too many of these nice youngsters

They are shown here rehearsing a number for an evening of dancing presented by the Patricia Dyson School, in aid of the Oldham and District Spastics Association and Crompton Stage Society building fund

Sweet Jar Holiday

The brothers Harrison, owners of a Birmingham café, decided against increasing charges for the early morning breakfast they serve to market workers. The delighted customers agreed to put the extra pennies into a sweet jar to help a worthy cause.

Every fortnight the jar has been emptied and the money banked. Now, the £150 collected, is providing a day at a Prestatyn holiday camp, with all the extras, for 80 spastic children.

Bromley



(Photograph: Courtesy of Bromley Advertiser)

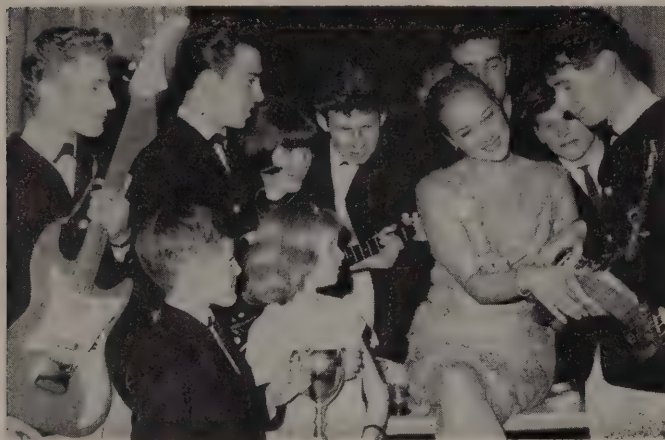
The workshop and centre for spastics in Park Road, Bromley, started operations late in May. Mr. S. Mace, the manager, is seen here showing Mr. John Hall how to use the drilling machine



Miss Avril Angers about to knock over the Beacon at Wicor Mill, White Hart Lane, Portchester, Hants. Others in the picture are Mr. H. Hasney, the landlord; Mrs. Hasney, his wife; and Mrs. Dibben. How many pennies? 31,200, or £130, bringing the total contribution of the Wicor Mill so far to £457 11s. 6d.

We believe there are only two Beacons that have done better, The Red Cow, Smethwick—£497 2s. 6d., and Seven Stars, Thornton Hough, Cheshire—£473 10s. 5d.

North Surrey



(Photograph: Courtesy of Surrey Comet)

The Grand Final of the rock and rhythm Group competition organised by Mr. Peter Foot in aid of the North Surrey Spastics Society, was won by the Crusaders, who scored 248 points out of a possible 270. Miss Sylvia Syms is shown presenting them with the Championship Cup

Hemel Hempstead



Hemel Hempstead's new £250,000 Bowling Centre was given a special charity opening recently when over £300 was collected and shared between actress Hy Hazel, for the Spastics Society, and the Mayor of Hemel Hempstead, Councillor J. S. Graham, for the Freedom from Hunger Campaign. In our picture, Hy Hazel instructs the Mayor in the art of bowling

(Photograph: Courtesy Hemel Hempstead Gazette)



BIRTHDAY HONOURS

M.B.E. AWARD

ALBERT WILLIAM OVERLAND, Mayor of Poplar in the blitz years of 1940-41, has been awarded the M.B.E. in the latest honours list. For Mr. Overland, now employed as a supervisor in the appeals department of The Spastics Society, this award marks a long and distinguished career in voluntary social service.

Chairman of Poplar and Stepney War Pensions Committee for over 10 years, he is also a member of the Ports Welfare Committee, dealing with welfare arrangements for merchant seamen. He also serves on local and national bodies, where advice from his wide experience is put to good use. Until last year he was commanding officer of Poplar's Air Training Corps Squadron, which he founded in 1941, and is holder of the Cadet Force Medal with bar for 21 years' service.

Mr. Overland, who lives at 69 Wellington Way, Bow, was a pupil at Bow Central School and has lived in the district since 1908. He is married and has three sons.



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Unit for the Partially Deaf

by R. A. Pedder, Headmaster

THE establishment, in 1960, of a Special Unit within the School for the partially deaf cerebral palsied pupils was an exciting and challenging extension of our work.

The lack of speech and language understanding had, in the past, been generally attributed to the cerebral palsy condition and not necessarily to the added difficulty of a specific hearing loss. This was not so surprising since so many of them had gross speech defects anyway and, because of this, it was extremely difficult to establish verbal communication with them.

The loss of hearing was often missed by crude examinations and the more detailed testing not undertaken. This thorough investigation of possible hearing loss is often quite a time consuming process. It involves conditioning the child to respond to sound signals which may take very many sessions before it is sufficiently reliable for the actual test. However, it is very necessary if the hearing loss is to be established and the threshold of response ascertained.

Observations and investigations carried out amongst the pupils in this School—over a period of time—caused us to suspect that some of the pupils had this further difficulty. After adequate conditioning and testing had been completed we found that 11 of our 70 pupils had a hearing loss of sufficient significance to warrant special attention. Not one of

these pupils had been previously tested, so far as we were aware, and certainly none of them had ever worn a hearing aid.

Chance to Learn

The decision to establish the special unit was certainly a bold one and upon which our Society is certainly to be congratulated. The work previously carried out on Deaf and Partially Deaf spastics had been quite limited and literature on the subject appeared to be restricted to personal experiences with individual children encountered by isolated workers in the field.

In the three years since the Unit was opened we have had a splendid opportunity of gaining experience and ascertaining what could be done. At the moment there are 14 pupils in the special unit with a further 8 pupils with slightly less hearing loss spread throughout the School.

Having the Special Unit within the School enables us to transfer pupils from the Unit to other classes, when we consider they can cope sufficiently well, and, at the same time, continue with their auditory and speech training. Of course, as with all cases of cerebral palsy, there is a considerable spread in the response to education, therapy and general development.

Startling Progress Possible

The results have, however, been particularly gratifying—the two cases now quoted give an indication of the progress it is possible to achieve with some pupils who previously might not have been given this chance:

A.B. was born in June, 1954. A pleasant boy with fair hair and blue eyes. He was considered to be mentally retarded and efforts at testing him failed because he did not respond to the testing situation. At four years it was considered that he was too retarded to respond to formal education. At five years he was re-examined and found to be Athetoid C.P. (slight) with a severe hearing loss. This was the first intimation given of the hearing loss. He was fitted with a hearing aid and admitted to this School at 5.4 years. His actual attainment consisted of four words of speech—the names of members of the family—and an ability to scribble on paper. He is now eight years of age and has made extremely good progress. His speech has improved and he is able to carry on a conversation in sentences, he can spell at roughly a 7-year level, he reads at a 7- to 7½-year level and he has mastered the four rules in number in h.t. and u's including money values in shillings and pence. His actual vocabulary now includes a considerable number of words in everyday usage. He is still in need of the special attention given in the Unit but does not remain isolated from the general classes of the School. His intellectual rating is now considered to be well within normal limits.



Jimmy Brown and Michael Hyland test each other on their work in the Unit

Bridge to Understanding

L.B. is a cheerful red-headed girl. Was originally diagnosed E.S.N. with aggressive temper tantrums for which drug therapy was constantly required. Subsequently at six years of age she was rediagnosed Athetoid C.P. with quite severe hearing loss.

This girl was admitted to School at seven years with the report that her educational achievements were insignificant. She had acquired some speech but this was quite defective and not used in sentences. She was able to match pictures but not words to pictures—a fairly early pre-reading stage.

L.B. is now ten years of age and was transferred from the Special Unit to a general class in the School a year ago.

Her speech is still slightly defective but not enough to prevent intelligible speech communication in a fairly normal manner. Her reading ability is at the level 9 years 10 months and comprehension at 11 years 1 month (Neale's Analysis of Reading Ability).

She can now write interesting and imaginative stories, her spelling age approximates to her chronological age and she has made creditable progress in arithmetic and other subjects in the curriculum.

A most interesting factor about this girl is that she has suffered no temper tantrums since coming to School and her drug therapy was discontinued three months after her admission.

She has full and well organised use of her hearing aid which she adjusts intelligently to any situation, and she plays a full part in all the activities of the School.



Alan Campbell is able to take part in formal lessons, through the help of his hearing aid

Increasing Skill

There is still very much work to be undertaken with these children and much knowledge to be gained. Some of them have not responded as well as we had hoped but at least an exceedingly good start has been made. The future is now that much brighter for some more children as a result of this venture and doubtless even more will benefit from the attention which has been focussed on this question.



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ADULT MODEL

Super-Splash at Ingfield Manor

AT Ingfield, on May 23rd, a wonderful hydrotherapy pool was officially opened. It is the gift of Jersey Spastics Society to the school, and the handing-over ceremony was invaded by goodwill and exhilaration.

The Bailiff of Jersey, officials of the Jersey Spastics Society, a representative of the Public Works Committee, and members of the Jersey Press and television services, had flown over in a specially chartered aircraft.

Welcoming them, Mr. A. Moira, Vice-Chairman of the Spastics Society, spoke with warm appreciation not only of the gift itself, with its fine granite wall carved with the Jersey Coat of Arms, but of the kindness shown by the Island to spastic children who went on holiday there from the mainland.

Mr. Moira said that the Spastics Society, now a vast organisation, had been very successful so far, with thirteen national units founded to care for spastic people of all ages, but all this was a drop in the bucket of what was needed. We had ambitious plans for other units, some of them to be the first of their kind in this or any other country.

This sort of achievement seemed magical, but it was in fact made possible by the many, many people who were part of this enormous movement, and who created opportunities for spastics to gain more from life by benefactions such as the pool given to Ingfield's children that day.

Opening the pool, Mr. Le Masurier, Bailiff of Jersey, said how impressed he had been with the work of the school.

"It is with the greatest pleasure that I open this pool, knowing that it has been made possible by a group of fellow citizens in the very small island on which I live," he said.

Miss Varty, Headmistress of Ingfield, said the children had delighted the staff by their obvious pleasure in the pool's warm waters. "It was handed over a fortnight ago, on the 10th," said Miss Varty, "and on the 11th they were in!" She paid tribute to the kindness of local ladies who helped to get the children dried after their bathing. Boys from Christ's Hospital, who came and played with the children in the water, were among the audience.

Mr. C. J. Dumond, President of the Jersey Society, said his group had expected a project of this size to have taken seven years to save up for.

"But we reckoned without the generosity of our islanders," he said. "It took two years, and cost £6,700." The cheque was given to Mr. W. A. Burn, Hon. Treasurer of the National Society.

NEW NAME

The name of the CENTRAL COUNCIL FOR THE CARE OF CRIPPLES has been changed to CENTRAL COUNCIL FOR THE DISABLED.

The affairs of the Council will henceforward be conducted under its new name and all future communications should be made to the

CENTRAL COUNCIL FOR THE DISABLED,
34 ECCLESTON SQUARE,
LONDON, S.W.1.
TEL. VIC 0747.



(Photograph: Courtesy of Brighton Evening Argus)

The surprise came at the end for Mrs. Linda Smith, Chairman of the Jersey Spastics Society, when she saw her daughter Ann carried into the pool by Mr. Arthur Edwards, the school's swimming instructor. Ann had been smuggled over from Delarue specially. "This is wonderful," said Mrs. Smith, "and so unexpected."

Mr. Filleul, Secretary of the Jersey Society, proposed a vote of thanks to the Group, to the Public Works Committee who provided the wall of granite, to Mr. Louis Chataigniere, who had carved the Island Coat of Arms and prepared the inscription, and to the British Channel Island Shipping Co., who had transported the wall, free of charge, to the dockside where Messrs. Hall & Co. Ltd. of Hove took over and delivered it, again free of charge, to the school.

Just Like Jersey

Besides the pool, one last present on this pleasant day will be affectionately remembered. "We were thinking about the children, sitting through all these speeches," said Mrs. Smith, Jersey's Chairman, "and so we packed in at the last minute—new potatoes, tomatoes, golden butter—and a stick of rock for each child."

Then Mr. Le Mosurier unveiled a plaque on the wall of the pool building, and cut the ribbon at the entrance of the pool.

The Bailiff was presented with a wooden bowl by 16-year-old Richard Critchley from Colchester. Mrs. Le Masurier was presented with a brooch by 14-year-old Gillian Sandy, from Devon, and with flowers by Ann Tenebaum, nine years old, from Hertfordshire.

"L" DRIVERS ONLY

The Society wants to select a few "L" Drivers to instruct in the art of driving a motor tricycle. Very limited instruction is available in London on the only Dual Control Motor Tricycle in the country and at the moment only those who have a tricycle prescribed and on order with the Ministry of Health can apply for this instruction. Names please to the Assistant Industrial Centres Secretary.



Everest & Jennings Folding Wheelchairs

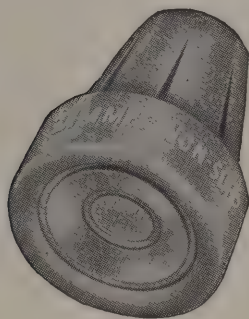
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REGIONAL SOCIAL WORKERS



(Left)

MRS. CHINCHON joined the Spastics Society over a year ago as the administrative officer of the social work department. She has now assumed responsibility for the co-ordination of the regional social work administration and at the same time inaugurated regional social work in South-East England. Mrs. Chinchon's regional office is at 29b Linkfield Lane, Redhill, Surrey.

Mrs. Chinchon started her career as a hospital almoner and later turned to personnel management. She was working in this sphere for several years before coming to the Spastics Society.

(Below)

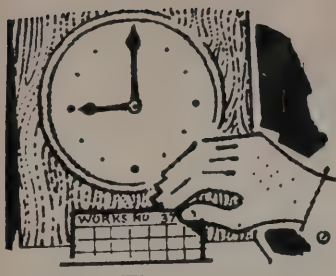
MISS HAZEL M. DAY is our Eastern Regional Social Worker, covering the Counties of East Anglia, from St. Columba's Hall, 35a St. Andrew's Street, Cambridge.

Miss Day left school during the war, taking up engineering draughtsmanship before transferring her interest to Social Work in 1949. She trained at the Selly Oak Colleges, Birmingham, and later studied again and obtained the Birmingham University Certificate in Child Service. From 1953 to 1960 she was a deaconess in the Presbyterian Church of England, organising activities for children and youth and visiting their families. She joins us from a Child Care Officer's appointment in a County Children's Department.



(Above)

MISS DAVEY is already established in Cardiff as the Regional Social Worker for Wales. She took up this appointment with the Spastics Society following a very successful nursing and medico social work career. Miss Davey is a State Registered Nurse and Midwife, who on first qualifying followed her profession in hospital service. She later became a district midwife and then a health visitor. During the past seven years Miss Davey has been particularly concerned with the after care of children in hospital and has had a special interest in the welfare of spastics. She is particularly happy about her appointment in Wales as she is already well known in her region and has good contact with officers of many local authorities, hospitals and organisations in the area.



SPASTICS AT WORK

The following news has been received recently from people either commencing employment or changing their jobs:

Susan Brett, from **Norwich**, has started work as an adding machine operator for a local firm of wholesale drapers after her training at the Chester Office Training Centre (Stockport branch).

Paul Britton, from **Fordingbridge**, commenced employment recently as a roadman for the local council.

Pamela Brown, from **Hither Green**, who trained at Sherrards, is now working in the coil winding section of a nearby factory.

Christine Chisholm, from **Godalming**, who trained at the Chester Office Training Centre (Stockport branch), has started work as a filing clerk for the Guildford R.D.C.

Prudence Crane, from **Hoddesdon**, has been engaged for a trial period by a local firm of manufacturing chemists. Her work consists of packing tablet containers into boxes.

Robert Dangerfield, from **Woking**, has changed his job and is now working in a local factory.

Susan Marks, from **Cheadle**, who has been making jewellery under the Homeworkers Scheme, has now found temporary employment.

Ann Rae, from **Reigate**, is working as a shorthand typist for a firm in Slough.

Michael Richardson, from **Manchester**, who attended a recent assessment course, is now employed in the cutting department of a nearby tailoring manufacturers.

John Stronells, from **Chesham**, has changed his job and is now working as an assistant gardener in the nearby Joint Services Staff College.

Janice White, from **Upminster**, has been working locally for some time as a kennel maid.

The Homeworkers Scheme has enrolled the following new Jewellery makers:

Michael Baxter, Heather Bunyan, Mrs. M. Crane, Stephen Edgley, Ian Grant, Lewis Harbour, Frank Harris, Tony Harris, Tommy Jones, Heather Muir, Robert Smith, Frederick Stout, Carol Williams, Graham Wood.



Midsummer Moonshine

Making holiday plans? Thinking of golden beaches — high mountains — flower-drenched fiestas — evenings under a warm summer moon. Add glamour to your holiday nights and help those who must stay at home. Buy yourself or your friends jewellery made by spastic home workers—sparkling ear-clips, brooches, necklaces in shimmering ice white crystal or a fall of glowing colour.

Write to Mr. Hargreaves at 12 Park Crescent, W.1



Solution to June Crossword

- | | | | |
|-------------|------------|--------------|----------------|
| ACROSS | 16. Burn | 26. Varlets | 5. Insulator |
| 1. Dimple | 17. Trip | 27. Tyrant | 6. Accession |
| 7. Re-enact | 18. Their | | 11. Roundhead |
| 8. Repeal | 19. Odes | DOWN | 12. Aunt Sally |
| 9. Menu | 20. Errand | 1. Doric | 13. Esperanto |
| 10. Crease | 24. Ajax | 2. Maple | 21. Reply |
| 14. Lisp | 25. Specie | 3. Leads | 22. Accra |
| 15. Samoa | | 4. Nevermore | 23. Dwelt |

Prested and Abroad

WE have always been anxious to present Prested as a centre to which people can turn. To this end we keep a kind of open house and entertain innumerable visitors throughout the year. I believe it is of great value to the adult spastic that he and she should meet people and in turn be presented to people; and not just those interested because of a common affliction, parents of spastics and members of groups; but the outside folk. Once this custom is established visitors comprise a vast cross-section of the public and inevitably someone from abroad comes along. Once word is sent forth that some standard of hospitality and welcome is attached to a centre the next step is to see that something creative emerges. No one wants a centre to develop into a place into which people gawp.

I consider myself fortunate that at Prested we have not been urged to raise funds. At the same time money raising is a common language and many people are perplexed if you ask anything other of them. This means that if you want people to be interested in the centre it is a help to have a specific need to which they can be asked to contribute. The need becomes a bond. At the same time we must offer the experience and know-how learnt at Prested *gratis* to others in need, and this too becomes a bond. "All living is meeting" says Buber.

First Visitors: Denmark

One day a Danish student arrived. Within weeks a member of the Danish Spastic Society arrived to "have a look round". He was rightly proud of the Danish provision for spastic children but felt that the needs of the adult had not been considered sufficiently seriously. In a very short time a member of the Danish National Committee arrived, followed by the Consultant and Warden of a proposed Centre who in turn copied faithfully our work activities, social and educational time tables, staffing, costs, and detailed day to day running. They had in mind a treatment centre to which adult spastics would only go for a set period. We assured them that this was irrelevant as we too began that way and had to change our ideas. They also insisted that their centre would accept only those with a high I.Q. I must say we were all of us happy at meeting in the Hobro Centre, when it was established, and noting one resident with an I.Q. of 50 and several who were beginning the second period of treatment. In other words, the early standard of short stay for highly intelligent residents broke down in the first few months and response to necessity became the golden rule. I am not prepared to

say that we were responsible for Hobro. Manifestly we were not, but the Danes were convinced that we were, and who are we to quarrel with Vikings? Certainly we gave them all the help in our power.

Friends from Holland

The situation with our Dutch friends was completely different. We were invited to meet a group of Dutch parents in Amsterdam, who, apart from being anxious to do something, had no idea where to begin. For capital they had a few guilders, influence none, status and prestige nil. We had a formal discussion chiefly about dreams and aspirations and what could be done with money if one had it. This was followed by a visit to Prested of two men of the party. They made copious notes and asked thousands of questions, returning to Holland as simply as they arrived, taking with them gifts from our workshop in return for a cheese as big as a cannon ball. A few weeks later they wrote to say that an adult centre was agreed for Amsterdam, and soon we hope to be invited to the opening. The Dutch insist that this is entirely due to us, but we did nothing except listen sympathetically to their hopes and speak enthusiastically about our own achievements.

Mutual Support

The fact is that most of us need a bit of enthusiastic support which, if given, leads to all kinds of developments. We all of us get an idea which could be the nucleus of something worthwhile. We at Prested do not pretend to be Father Christmas to all and sundry, but we learned to clutch at any little support, especially in the early days, for sheer survival. This gives us the belief that we must accord to others the benefits we ourselves have enjoyed: that things are meant to be shared.

Reaching Out

The bare bones of the history of the Spastic Society shows that what was thought impossible can become the ideal. This is what we have tried to pass on. Mankind is like a flower. Not by taking thought, nor yet by competitive struggle, but by reaching up to the sun does the bloom unfold. For a centre to flower it must needs reach out to other countries, other people, and strangely, it results in those of us in the Centre itself finding fruition.

J. H. Watson.

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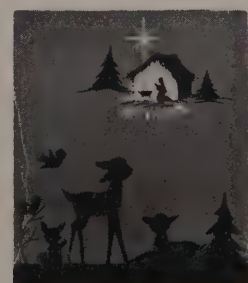
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CARD



DESIGNS

Prested at Home

FEAST jealous eyes on our picture below. Don't you wish you had such a caravan?

It's the magnificent gift of the Colchester and District Group, to the residents of Prested Hall, and we show it here on its first outing.

The Commer caravan sleeps four people, and is meant to put holiday trips, to the coast and elsewhere, within the grasp of the Prested Grangers.

The caravan was bought from Messrs. Lasts, of Colchester, and cost almost a thousand pounds. It was handed over to Mr. Watson by the Mayor of Colchester in a presentation ceremony and blessed by the Archdeacon of Colchester. An inscribed plaque was fixed to one of its doors.

Such a present will bring years of delight and freedom. We're betting that one of its earliest holiday trips will find it parked outside the Festival Hall. . . .



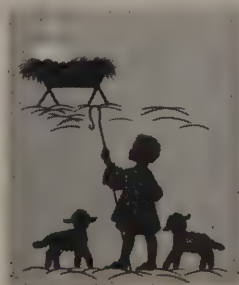
(Photograph: E. Cheek, Essex County Standard)

First outing for Prested, and first meal at the caravan, shared by representatives of The Colchester Group who donated it. Group members are Mrs. Acheson (Hon. Secretary), Mrs. Young (Hon. Treasurer) and Mrs. Roberts (Welfare Officer). Residents are Ernest Barnes, Cyril Furley, Edward Withecomb, Barbara Marshall, Judith Warren and Betty Wilson, with Prested's driver, Mr. R. Smith. (Notice the detachable table and chair from the caravan, with the chair-back folded back flat to make a seat for two)

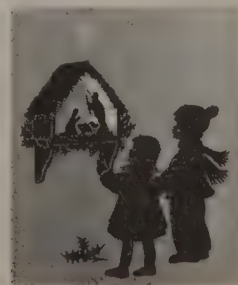
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BY



SPASTICS



HAWKSWORTH HALL

1957-1963

by J. D. Johnson, Headmaster

HAWKSWORTH HALL is a Jacobean house built in the early 17th century, with a reputation for friendliness and consideration. We like to think that this spirit is still in the old building and the atmosphere remains. Indeed I think there is no better motto for Hawksworth Hall than "To prove them" This motto comes from an 18th century incident in its history, when a neighbour, soured by the ungenerous spirit he had met in life and wishing to test the apparent generosity and kindness of the Hawksworth family, casually asked them for the loan of 300 guineas. This he at once received, and the matter was never mentioned again until the family received the money back unopened, some time later, and found their neighbour's trust in human nature had been restored by what they had done. At his death he bequeathed all his property to Walter Hawksworth.

Homelike and Happy

At Hawksworth our children readily prove themselves, happy in the security of a splendid team and an environment enabling them to prove their capabilities. The atmosphere is very homely, with emphasis put on making the children feel at ease so that tension is broken down, and we can get to the basic problems in order to help them. When once their confidence is won, the long, slow job of teaching them begins. Sometimes this effort can be very rewarding, when children who have been declared ineducable begin to make progress, and we see them through to other schools. In these cases there is as much joy at Hawksworth as there is in a home where a child has achieved his 11 plus.

Each term fresh problems arise, both for staff and children, since there is a constant coming and going of children, and we must always be on the alert to discover how each new entrant can best be catered for.

Perhaps a child may be partially deaf, in which case he would have the benefit of a skilled teacher of the deaf, or maybe a child requires special training for perceptual difficulties which are affecting his ability to read and learn.

Many of our children require a tremendous amount of pre-school experiences, that of play in a group, sharing the sand and water play, painting, crayoning and all the other experiences that are needed as aids to learning.

Leisure and Play

Out-of-school activities play an equally important part in the development of the child, for a bored child is not a happy child, and its leisure time must be catered for and be made as stimulating as that of the classroom, but in a different way. Therefore we have a very varied programme.

A group of children at the Hall gave a puppet show at the end of last term in aid of the Freedom from Hunger Campaign. The staff were requested to give generously since no admission charge was to be made. The children were delighted with their effort and raised the sum of £2.

Nothing would ever be achieved if the whole staff did not work as a team. Nothing is overlooked, physically and educationally, as everyone is eager that every child shall have a chance.

Up to this term 152 children have passed through the Centre, and we hope that each one has derived some benefit from Hawksworth Hall.



You'd think it was the seaside, wouldn't you? But it's Hawksworth's whopping play room, with great windows on to the country

Assessment

Before each child is admitted to Hawksworth Hall a very careful educational and physical assessment has been made by the Society's Consultant Panel. This report goes forward to the Headmaster, who maintains a detailed record of each child's progress as observed by the teachers, therapists and houseparents. The Panel meets with the Headmaster for case conference at the Hall at monthly intervals, to reassess individual children and make recommendations for the child's future welfare and education. The expert advice of the paediatrician, educational psychologist, child psychiatrist, Headmaster and psychiatric social worker is put into effort in daily living, social training and education of the children at Hawksworth Hall and helps to decide the future plan of care and education for each child.

COLONEL LLOYD

We announce with deep regret the death of Colonel P. M. G. Lloyd, Appeals Secretary, of the Spastics Society, who died suddenly on the 18th June, 1963. An obituary will be published in the next issue of the SPASTICS NEWS.

PRESS NEWS FROM PONDS

Gift of Electric Typewriter

An electric typewriter was presented by a youth club to Linton Edwards, who is going to study for his G.C.E. and who has been appointed press officer to send items about Ponds to the SPASTICS NEWS

New Swimming Pool

The next outstanding thing was the opening of our Swimming pool. Doctor Guttman who is Medical Director of Stoke Mandeville Hospital came to open it. Over £3,000 was raised by the local group of the Friends of the Spastics at Ponds to have the fibreglass pool installed, covered and heated. The fibreglass "Shell" was a gift from "Fibreglass Ltd.", and generous donations were received from Mr. Pastry's Swimming Pool Fund and the National Playing Fields Association.

Family Council

Ponds is the only centre with a resident council made up of 10 of the family. Its job is to help to run the place. Council meetings are held once a month, and general meetings every three months.



Mrs. Williams, physiotherapist, gives hydrotherapy to Sylvia Richards in the new pool

Contract Work

Work for which we are paid includes making up boxes for the local turkey farm, and contract work for the Spa brush factory at Chesham. There are many other activities taking place from day to day and these will be mentioned in more detail in future news bulletins. *Linton Edwards.*



(Photograph: Courtesy Croydon Advertiser)

Mr. E. Barnett cuts the cake, watched by (left to right) Joan Murray, Geoffrey Cole, Barbara Servante, part of the "family", and Mrs. Harrington

ON Saturday, May 11th, the Employment Committee, with some staff and friends, were invited to a very special party at 215 Melfort Road, Thornton Heath.

The occasion was the official opening of the Society's second small hostel for young adult spastics. We were greeted by a charming hostess (unusual only in that she accepted a whole coach-load of visitors to tea without batting an eye), and led into a sunny, comfortable sitting room where lay a staggering spread, culminating in a huge cake with pink icing.

MRS. HARRINGTON'S HOUSE

For all this good food, Mrs. Syms, Col. Jefferson's secretary, was with her friends largely responsible.

We were welcomed by the Vicar, the Rev. C. Kemp Buck. Mr. Barnett, the Employment Committee's Chairman, expressing the Society's pride in this venture, wished Mrs. Harrington happy in her new home, and cut the cake.

One of the four young people staying at the house is Geoffrey Cole, aged 23, who travels to the City each day to work for a stockbroker. "You could call me a representative, to be posh," said Geoff cheerfully. "I'm a messenger really." He's going to Stockport Centre soon, to take a course of training in office routines and techniques.

Sandra Brown, aged 19, was spending 3 weeks with Mrs. Harrington, helping her in the house, before going on to Yateley Industries for training.

Barbara Servante, a lively brunette of 26, has worked for Gollancz, the publishers, for 6½ years as a filing clerk and general factotum, travelling in to town for a working day lasting from 7.45 a.m. to 6 o'clock—and thriving on this heavy job.

Several of the girls who were helping with the gigantic tea party—Joan Murray, for instance—had stayed with Mrs. Harrington before, and had rallied round at need.

We were shown over the trim and attractive little house, with its pink doors, white-painted chairs and deep window-sills, and gay chintz curtains and covers. All of us took leave of our hostess with a feeling of having visited a very pleasant family.

TOUCH TYPEWRITING SINGLE-HANDED

by M. Balshaw, Development Officer, Cripples' Help Society

TYPEWRITING by touch using only one hand? Not possible, many people would say, looking at the width of the typewriter keyboard and the span of the average hand. Yet it can be done, with some adjustment of technique and—perhaps most important—a firm determination on the part of the one-handed to achieve a measure of success.

Position of Hand on Home Keys

The main adaptation of ordinary touch typewriting technique is to alter the position of the hand on the four "Home" keys, on the middle row of the three rows or banks of letter keys, over which keys the fingers rest lightly when not actually typing and which serve as a base to set out from and return to when striking the other keys (these finger movements are called "reaches"). Typing by touch means training the brain to dictate to the fingers where to go, and the following suggestions indicate a way in which this training can be started with one-handed typists:—

Home keys for the left hand: D F G H (one finger on each key in the "rest" position, the little finger being on D).

Home keys for the right hand: K J H G (the little finger being on K).

Practise first striking the Home keys in turn, saying the letter each time the particular key is struck, after which exercises in "reaches" may be tried, moving up and down from the individual Home keys and sideways with little finger and first finger, keeping the remaining fingers as nearly as possible anchored to the other Home keys so as not to lose the place on the keyboard.

Some left hand examples are:—

dsd dad ded dcd (with the little finger).
frf fvf (with the third finger).
gtg gbg (with the second finger).
hyh hnh hjh hkh hlh h;h (with the first finger).

And for the right hand:—

klk k;k kik k;k (with the little finger). —
juj jmj (with the third finger).
hyh hnh (with the second finger).
gtg gbg gfg gdg gsg gag (with the first finger).

Type at least one line of each combination to get the feel of it, saying the letters as before. After several lines of these combinations, provided there is reasonable accuracy, the first and little fingers can then reach out diagonally in the same way to cover the remaining keys on the three banks. On the top (figure) bank the whole hand may be moved up to use as Home keys the figures 4567 (left) or 9876 (right). With all these preliminary exercises the finger must always return to and strike the Home key from which it started out, otherwise the hand will wander from its true position. The thumb is used only for the space bar below the banks of keys.

Don't Look More Than You Can Help

It is a great help to work from a copy of the keyboard (usually supplied with typewriting textbooks), keeping one's eyes as much as possible off the actual keys, although it is probably impossible for a one-handed typist never to look at the hand whilst typing in view of the greater distance the fingers have to travel.

Before going on to a normal textbook it would be helpful to evolve some further exercises using real words, even if rather nonsensical in parts, such as: dad did not do it—feed fred food from the garden—why gag george—jumping jane has a hump.

Foot Pedal for Shift Key

Capital letters, question marks, and the upper case symbols on the figure row and elsewhere, for all of which the shift key is needed, can be ignored in all early practising. When it comes to using the shift key many spastics (not merely the one-handed) would probably find a foot pedal helpful, thus avoiding the necessity to lock the shift key every time. This pedal can be made from two small pieces of wood or other suitable firm and flat material, hinged at one end and held apart by a lock spring or other form of spring not allowing sideways "play". The upper "jaw" of the pedal has a hole at the open end to take a piece of string or thin cord which is then tied to the shift key and the pedal placed on the floor with the string taut. Foot pressure on the pedal depresses the shift key as and when necessary.

Finger Exercises

To loosen up the fingers (if the spasticity is not too marked which would in any case make touch typewriting impracticable except perhaps on one or two keys) a useful exercise is to tap each finger separately on a flat surface and also to pretend to type different words by making the appropriate finger movements, trying all the time to keep the other fingers in the position where they would be if resting on their Home keys.

Ideally one should work with a teacher, but these few brief suggestions may be of some help in supplementing the textbook. Whilst "accuracy before speed" should always be the aim, do not become depressed if there are a lot of mistakes. *Go on typing even if mistakes are made, as constant re-starting can undermine the most confident.* Patience both by teacher and taught will certainly be called for, and I am not saying the thing is easy, but it is well worth attempting if the means to try it are available and, once mastered, proves much less tiring than the "look and hit" way. This advantage may not be as marked in the case of some spastics who would find either way a tremendous struggle, but every effort made will help towards triumphing over disability and developing that satisfying sense of attainment.

Good luck to all who try.

SPASTICS' CHAMPION

by S. T. Allman

MRS. CHAMPION, Proprietress of the Tudor Tea House at Wickambreaux, Kent, is a person whose genuine interest will be remembered for some time by the students and staff who were on the Careers and Employment Department's Assessment Course in Kent.

A coach tour had been planned for the middle week-end of the Course and we had written to ask Mrs. Champion whether she could accommodate the party for tea. Not only did she agree to reserve her beautiful Tudor cottage for the party—she made no charge for the excellent tea she provided.

Collecting Boxes

Her kindness did not stop there, however. She had asked the Society for collection boxes, two of which were already in active use by the time of our visit. Although nothing directly was said or admitted by Mrs. Champion, we suspect that a large part of the day's takings on that particular Saturday was going into the boxes—not just from teas, but the sale of home-made sweets as well!

CHAIRMEN, EASTERN REGIONAL COUNCIL

Alderman E. F. Tompkins

The Society extends its sympathy and best wishes to Alderman E. F. Tompkins, J.P., Chairman of the Eastern Regional Council until his recent illness.

Alderman Tompkins has been Chairman of the Northampton Group from its inception in 1952, and as Mayor of Northampton 1962-3 he launched and successfully achieved a £10,000 appeal towards establishing a Centre for the physically handicapped at Northampton.

Mr. H. E. Wolff

At the Annual General Meeting where Alderman Tompkins' resignation was reluctantly accepted, Mr. H. E. Wolff, Chairman of the Nottingham Group, former member of the national Executive, and member of the Consultative Council, was unanimously elected Chairman of the Eastern Regional Council. Mr. Wolff's unhurried and untiring energy, never varying through the years of imaginative and meticulous voluntary work for spastics has made him widely known and respected throughout the Society.

SECOND-HAND PAPER BACKS

THE JERSEY GROUP IS GRATEFUL FOR THE BOOKS IT HAS RECEIVED—BUT IT CAN DO WITH *MANY MORE* TO SELL TO SUMMER VISITORS AT ONE SHILLING EACH

PLEASE SEND YOUR CAST-OUTS TO: THE CHIEF REGIONAL OFFICER AT PARK CREST-CENT, WHO WILL SEE THEY GET TO JERSEY

Jewellery

The story still hasn't finished. To thank her for her interest in our party and the work of the Society, a presentation was made to Mrs. Champion of a marcasite brooch made by one of the Department's spastic homeworkers. She promptly offered to sell jewellery for us during the season—"if it would help"! Considering the active nature of her business and the large numbers of visitors she has it was really generous of her to offer such practical help to the homework scheme.

Finally it is worthwhile recommending Wickambreaux as a visit for anyone who has not been there. Near Canterbury but conveniently off the beaten track, it is a lovely little village. Try approaching it a long way round, too, not merely from the nearest main road. That way you will sample something of the countryside around.

Avoid if you can pronouncing the name of the village within earshot of residents of the area—unless of course you do not mind polite but unconcealed smiles or unless you can actually get your tongue round the accent properly!

Mrs. Champion's Tudor Cottage and garden should certainly have been seen. The cottage is in excellent condition, with such modernisation as there has been, carefully done. Do not fail to notice the thickness of the roof thatching—it really is remarkable; again in good condition and a tribute to a dying art. Mind your head as you go in—especially if you are like one of our students, 6ft. 6in!

Obituary

Dr. F. A. Wilson has written us this tribute to the work of Mr. A. W. Hill, J.P., former Chairman of the Management Committee of Daresbury Hall

THE sudden death in a Nursing Home of Mr. A. W. Hill on Tuesday, March 19th, represented loss, not only to the Society, but to Daresbury Hall in particular.

Mr. Hill joined the Management Committee in its very early days and, from the start, demonstrated his keen interest in the project in every possible way. Despite his many other commitments, he was untiring in his service to Daresbury Hall, often at some personal expense.

He was a man with whom one was proud to be associated. His position as Director and General Manager of the large factory of Rubery Owen at Sankey Warrington, together with many other outside business commitments, would have been enough for any ordinary man, but Mr. Hill found time to take an interest in more than twenty other public and charitable organisations.

His tragic passing after so short a period of office deprived the Society of one of its best helpers, and all at Daresbury Hall of a very dear and much loved friend.

Letters to the Editor

POPPETS ON PONIES

Dear Editor,

These are some of the children who participate in the "Pony Riding for the Disabled Trust" scheme in East Sussex. Reading left to right: Gillian Baker (aged 9½ years), Jane Sanderson (aged 10½ years) both pupils at St. Margaret's School, Croydon, and Linda Millett (aged 8 years) from Hawkworth Hall—Linda spent her Easter vacation with one of our members. They are carrying out an exercise to correct posture whilst mounted. Both Jane and Gillian wear long leg braces—they have now progressed from a felt saddle to an ordinary leather saddle. Miss Topping (the owner of the Stables) is quite delighted with their progress and the children are very keen to learn. The other youngsters in the group are some of Miss Topping's more than willing helpers.

JOAN M. SANDERSON,
Hastings.



JERSEY WITH JOY

Dear Editor,

I was one of the lucky spastics to be picked to fly over to Jersey for a fortnight's holidays from 17th till 31st May. I feel I must write and tell you we had a very lovely time over there. The people we stayed with were very kind to us all.

David Edwards and myself, we thought we would have a go at climbing up to the top of Gorey Castle, so we both attempted it. I took a snap from the top.

The Society over there gave us a wonderful time. They were all so very friendly. We went on coach tours around the Island, to the zoo, and to the Old Tyme Music Hall at the New Era. We had a trip on the *Commodore Queen* and then we went to the Jersey Potteries. The weather was not so bad but could have been a bit better. We also had a concert show and went to a Crazy Nite at Chateau Plaisir.

With very best wishes to the Society in Jersey and the Society here in London.

SUSAN HAINES,
Southwark.

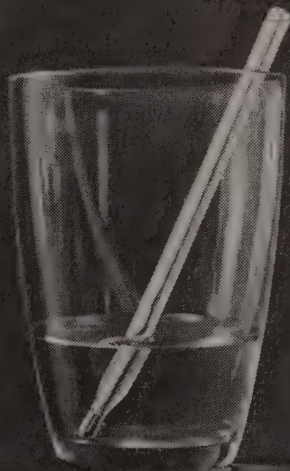
USEFUL QUESTIONNAIRE

Dear Editor,

In reading the article in May's SPASTICS NEWS entitled "Will you help the man in the white coat?", it occurred to me that the mother to whom it is addressed, namely the mother taking her young child to hospital for the first time, will probably not yet have become a member of the Society, and so will not read the advice before the hospital visit.

minor ailments of today

feverishness



When your body is fighting germs, its temperature regulating mechanism is disturbed and your temperature rises. We say, inaccurately and sorrowfully, that we 'have a temperature'—when what we mean is that our temperature is above normal.

Now some people believe that a raised temperature helps your body to fight infection, and this may be true. But it is also true that 'a temperature' is very uncomfortable, and that you undoubtedly feel a lot better if you take something to bring your temperature down. Feeling better has a lot to do with getting better—and that is why most doctors prescribe acetyl salicylic acid for high temperature, and why most of us take 'ASPRO' when we feel a bit feverish.

Incidentally, 'ASPRO' brings your temperature back to normal and no lower.

Next time you feel feverish, don't forget 'ASPRO'. You will not only be taking one of the best and safest anti-pyretics or fever reducers, but also sparing the Doctor's time for those with more serious complaints. If your fever persists then is the time to consult your Doctor.



It seems to me that it would be very useful if copies of this article could be sent out by hospitals to parents when the appointment for the consultation is made. (I assume that the appointment would have been made through the family doctor.) Failing this, possibly a simple questionnaire to be completed and taken to the consultation could be devised.

I should imagine that such a questionnaire, adapted for the use of all mothers taking young children to hospital for the first time, would be most helpful and time-saving to the consultant, and from this point of view it might well be a project that the Ministry of Health would be prepared to sponsor.

With all good wishes,
(MRS.) J. M. FRANKLIN,
Chichester Area
Youth Employment Officer.

TYPING TROUBLES

Dear Editor,

I was reading in last month's NEWS about Miss Youle typing with one hand. I wish that I could type with one hand but I only can type with one finger and it is very hard for me to hit the right key. I am writing a book but I had no schooling and my mother had to teach me to read, which was very hard for her.

(MISS) PATRICIA RAND,
Prested Hall.

Me, I'm all in favour of setting out to write a book when you can only use one finger, Pat, but I think the psychologists are against us. Have a bash at an article for the NEWS—you did us a nice one before.

N.B.—There were no mistakes in your letter.

THE RAILWAYS REPLY

Dear Editor,

Thank you for drawing our attention to Roy Scott's letter in the May issue of the SPASTICS NEWS. The withdrawal of a railway service may indeed cause hardship to people bound to wheelchairs, but no matter how much anyone wants to help them it is difficult to justify retention of uneconomic railway lines on these grounds.

Under the Transport Act of 1962 anyone can object to a closure proposal, which will then be examined by the appropriate Transport Users' Consultative Committee on the grounds of possible hardship. These Consultative Committees are appointed by the Minister of Transport, not only on hardship but also

on alternative services which they think might alleviate the hardship.

In spite of our sympathy for the physically handicapped, the special kind of road transport needed for people in wheelchairs is hardly a matter for operators of public transport services, but Local Authorities and Regional Hospital Boards should be in a position to assess the urgency and magnitude of the need for specialised transport and to arrange for these needs to be met to whatever degree they feel to be right and justified.

ERIC MERRILL,
Chief Public Relations Officer,
British Railways Board.

VOICES AND VIEWS

Dear Editor,

It is a pity we seldom hear news of what is happening with smaller groups away from the large areas of population. I suppose you have to rely upon people to send in local newspaper cuttings for news of this kind. One suggestion I would like to put forward is to have a section written and composed entirely by spastics, in which we could express our views and comments on what we see and hear in everyday life. There might also be a "Pen-pals Corner". I realise, of course, that to run a feature of this kind would depend entirely on how many contributions were sent in, but perhaps you would let me know what you think about the idea.

DAVID EDWARDS,
Bromley.

You're on. This is the page, and it's all yours. Look at the Editor's note on page 2, as well—and we'll start with you, David, as is only fair. 10s. 6d. coming along shortly.

FUND RAISING? Ball Pens are used by everyone. We supply Platignum and BIC makes at reduced wholesale rates to organisations. Your Group title, etc., can be die stamped as required on pens, which are available in various colours. Profit over 50 per cent on cost. Details/samples on request. Thompson & Robinson Ltd., 20 Churchfield Road, London W.3. Telephone ACOrn 8770.

THE OLDER SPASTIC

Dear Editor,

I read SPASTICS NEWS with great interest and love the always lovely pictures.

I wonder if there are any Old Age Pensioners who are spastics; if so, why not something about how they manage? Perhaps some day there will be cottages for O.A.P.s who are spastics. I won't be joining their ranks for another 30 years, I am just reminding you so that something might be done for them.

I see that there is no training for spastics over the age of 40; why is it? Perhaps because jobs are harder to find after that age.

I liked the "Jobs and Shops run by spastics" page—most useful.

I have my mother ill downstairs in bed, so I have all the shopping, cooking and household jobs I can manage, so I do not have a lot of time for letter writing. My father died some years ago.

I send every good wish for the success of SPASTICS NEWS.

Yours sincerely,
JEAN CRAIG,
Reading, Berks.

If you will turn to Mr. Loring's article of page 5 Jean, you'll see a short account of some of the plans the Society has to help older spastic people. What kind of cottages do you mean—little cottage communities, or dotted about anywhere?

Thank you very much for your good wishes. We send ours to you and your mother and hope she is well again.

WANTED

To hire or buy, second-hand tri-cycle, 16in. frame. Must be very light.—BEALE, 159 Kimbolton Rd., Bedford.

ADHESIVE PLASTIC

If you are interested in obtaining Contact at 1/- per yard any width from 11in. to 36in., 12/- per 12 yards roll in assorted patterns and colours of your own choice, please write or phone Mrs. C. McCaul of 269 Mortlake Road, Ilford. Tel. ILF 5096. She will be pleased to give the name and address of supplier.

RESIDENTIAL CENTRES OF THE SPASTICS SOCIETY

SCHOOLS

THE THOMAS DELARUE SCHOOL

Dene Park, Tonbridge, Kent.
Telephone: Tonbridge 3859.
Headmaster:
H. B. Davies, Esq., M.B.E., B.Sc.(Econ.).
Chairman of the Board of Governors:
Douglas Delarue, Esq., J.P.
Secondary Modern and Grammar Education for Spastics of 11 years and over.
Accommodation: 72.

THE CRAIG-Y-PARC SCHOOL

Pentyrch, Nr. Cardiff.
Telephone: Pentyrch 397.
Headmistress:
Mrs. C. M. Kearslake.
Chairman of the Management Committee:
Miss M. B. Jowett, M.B.E.
Primary and Secondary Education for Spastics between 5 and 16 years.
Accommodation 50.

THE WILFRED PICKLES SCHOOL

Tixover Grange, Duddington,
Nr. Stamford.
Telephone: Duddington 212.
Headmaster:
R. A. Pedder, Esq.
Chairman of the Management Committee:
Eric Smith, Esq.
Primary and Secondary Education for Spastics between 5 and 16 years.
Accommodation: 62, 8 Day Pupils.

IRTON HALL SCHOOL

Holmrook, Cumberland.
Telephone: Holmrook 242.
Headmaster:
John Nelson, Esq.
Chairman of the Management Committee:
J. D. Herd, Esq.
Education for Spastics reputed to be below average intelligence.
Accommodation: 41.

INGFIELD MANOR SCHOOL

Five Oaks, Nr. Billingshurst, Sussex.
Telephone: Billingshurst 2294.
Headmistress: Miss E. M. Varty.
Education for spastics aged 5-16 reputed to be below average intelligence.
Accommodation: 50.

ASSESSMENT CENTRE

HAWKSWORTH HALL

Guiseley, Leeds, Yorks.
Telephone: Guiseley 2914.
Principal: J. D. Johnson, Esq.
Assessment Centre for Spastic children between 5 and 13 years.
Accommodation: 24.

ADULT CENTRES

DARESBURY HALL

Daresbury, Nr. Warrington, Lancs.
Telephone: Moore 359.
Warden: F. W. Bellman, Esq.
Residential Centre for Male Spastics aged from 16 to 35 years.
Accommodation: 34.

PRESTED HALL & THE GRANGE

Feering, Kelvedon, Essex.
Telephone: Kelvedon 482.
Warden: J. H. Watson, Esq.
Chairman of the Management Committee:
Miss Mary Ruck, R.R.C.
Residential Centre for Spastics aged from 25 to 40 years. Accommodation: 31.

THE GRANGE:

High Street, Kelvedon.
Accommodates 13 Spastics over the age of 40 years.

COOMBE FARM

Oaks Road, Croydon, Surrey.
Telephone: Addiscombe 2310.
Warden: F. W. Bowyer, Esq., M.A.
Chairman of the Management Committee:
R. Meek, Esq.
Residential Centre for Spastics aged from 16 to 25 years. Accommodation: 45.

PONDS HOME

Seer Green, Beaconsfield, Bucks.
Telephone: Jordans 2398/9.
Warden: Mrs. C. Brown.
Chairman of the House Committee:
Mrs. L. Gibb.
Residential Centre for young adult Spastics.
Accommodation: 52 and 2 holiday beds.

TRAINING CENTRE

"SHERRARDS"

Digswell Hill, Welwyn, Herts.
Telephone: Welwyn Garden 22125.
Principal: E. L. Knight, Esq.
Chairman of the Management Committee:
The Hon. Lady Bowes Lyon.
Vocational Training Centre for young adult Spastics. Accommodation: 67.

HOLIDAY HOTELS

ARUNDEL PRIVATE HOTEL

23, The Leas, Westcliff-on-Sea.
Telephone: Southend 476351.
Manageress: Miss M. Burden.
Hotel for Spastics and accompanying relatives or friends. Accommodation: 19.
Write to Manageress for bookings.

S.O.S. HOLIDAY HOTEL FOR SPASTIC CHILDREN

Colwall Court, Bexhill.
Telephone: Bexhill 1491.
Chairman of the Management Committee:
David Jacobs, Esq. Accommodation: 23.

NON-RESIDENTIAL CENTRES:

CHESTER OFFICE TRAINING CENTRE

Western Avenue,
Off Saughall Road,
Blacon,
Cheshire.
Telephone: CHESTER 26987.

STOCKPORT BRANCH—Granville House,
Parsonage Road, Heaton Moor, Stockport.
Telephone: HEATON MOOR 8776.
Principal: Mrs. V. S. Parker.
Vocational Training Centre for Young Adult Spastics.
Accommodation in both units: 35.

SCHOOLS AFFILIATED TO THE SPASTICS SOCIETY

BIRKENHEAD SCHOOL

43 Shrewsbury Road, Oxtou,
Birkenhead. Tel.: Claughton 2583.

Headmistress:
Mrs. M. Collinge, B.A.

Chairman:
F. H. Campbell, Esq.

Day education and treatment for children between the ages of 5 and 16.

BIRTENSHAW HALL SCHOOL

Darwen Road, Bromley Cross,
Bolton. Telephone: Eagley 230.

Headmaster:
D. A. Hiles, Esq.

Chairman:
W. Sheppard, Esq.

Special education and therapy for 36 spastic children between the ages of 5 and 16. 19 residential and 17 day pupils.

DAME HANNAH ROGERS SCHOOL

Ivybridge, Devon.
Telephone: Ivybridge 461.

Headmistress:
Miss B. G. Sutcliffe.

Chairman:
Norman Capener, Esq., F.R.C.S.

Residential School for 50 cerebral palsied children, boys and girls, between the ages 5 and 16.

PERCY HEDLEY SCHOOL

Forest Hall, Newcastle-on-Tyne 12.
Telephone: Newcastle 66-5491/2.

Headmistress:
Mrs. E. M. Caldwell, N.F.F.

Chairman:
Alderman J. Gray, J.P.

Special education for severely disabled children with cerebral palsy who live in the Five Northern Counties.

Accommodation: 32 Day pupils.
40 Boarders.

AFFILIATED GROUPS and Local Centres of The Spastics Society

Eastern Region

Boston District Branch
Chesterfield and District Spastics Society **TC**
Derby and District Branch **T**
Grantham & District Friends of Spastics
Grimsby, Cleethorpes and District Friends of Spastics Society
Ipswich and East Suffolk Spastics Soc. **W**
Leicester and Leicestershire Spastics Society **TC**
Lincoln Branch
Loughborough and District Spastics Soc.
Mansfield and District Friends of Spastics Group **O**
Newark and District Friends of Spastics Group
Norfolk and Norwich Spastic Assoc.
Northampton and County Spastics Society **TE**
Nottingham and District Friends of Spastics Group **TEC**
Peterborough and District Spastics Group **O**
Scunthorpe and District Spastic Society
Stamford and District Branch
(Regional Officer: H. G. Knight, 28 Priestgate, Peterborough, Northants. Tel: 67045)

Midland Region

Cannock Chase Spastic Association
Coventry and District Spastics Society **R**
Dudley and District Spastic Group **T**
North Staffordshire Spastic Association **T**
Shrewsbury and District Spastics Group
Stafford and District Spastic Association
Worcester and District Branch
(Officer to be appointed)

North-Eastern Region

Barnsley and District Association **C**
Bradford and District Branch
Castleford and District Spastics Committee
Darlington and District Spastics Soc. **H**
Dewsbury and District Spastics Society
Goole and District Spastics Association
Halifax and District Spastic Group **W**
Huddersfield and District Spastics Soc.
Hull Group, The Friends of Spastics Society in Hull and District **H**
Leeds and District Spastics Society **O**
Pontefract and District Spastics Association
Rawmarsh and Parkgate Spastics Society
Sheffield and District Spastics Soc. **TEOC**
South Shields and District Spastics Society **C**
Sunderland and District Spastics Society
Tees-side Parents and Friends of Spastics **TE**
York and District Spastics Group **TC**
(Reg. Off: R. J. F. Whyte, Royal Chambers, Station Parade, Harrogate. Tel: 69655)

North-Western Region

Barrow-in-Furness and District Spastic and Handicapped Children's Society **C**
Birkenhead Spastic Children's Soc. **TEC**
Blackburn and District Spastics Group
Blackpool and Fylde Spastic Group **CW**
Bolton and District Group **TE**
Burnley Area and Rossendale Spastics Group
Chester and District Spastic Assoc.
Crewe and District Spastics Society **TO**
Crosby and District Spastics Society

Cumberland, Westmorland and Furness Spastics Society **H**
Lancaster, Morecambe and District Spastics Society
Manchester and District Spastics Soc. **TCE**

Oldham & District Spastics Society **CT**
Preston and District Spastic Group **CT**
Sale, Altrincham and District Spastics Society **RTEC**
Southport, Formby and District Spastics Society
Stockport, East Cheshire and High Peak Spastics Society **TOC**
Urmston and District Group **TC**
Warrington Group for the Welfare of Spastics
Widnes Spastics Fellowship Group
(Reg. Off: T. H. Keighley, 20 Brazen-nose Street, Manchester. Tel: Blackfriars 6130)

Northern Home Counties Region

Bedford and District **TOW**
Bishop's Stortford and District Group, Herts Spastics Society
Central Middlesex Spastics Welfare Society **W**
Clacton and District Group
Colchester and District Group
East Herts Group, Herts Spastics Society
East London Spastic Society **H**
Epping Forest and District Branch **TO**
Essex Group
Harlow and District Branch
Hatfield and District Group, Herts Spastics Society
Hemel Hempstead and District Group, Herts Spastics Society
Hitchin and District Friends of Spastics, Herts Spastics Society
Ilford, Romford and District Spastics Association **O**
Luton, Dunstable and District Spastics Group **T**
Maidenhead Friends of Spastics Group
North London Area Association of Parents and Friends of Spastics **T**
North-West London Group **O**
Oxfordshire Spastics Welfare Society **TC**
Reading and Berkshire Spastics Welfare Society
Slough and District Spastics Welfare Society
Southend-on-Sea and District Spastics Society **O**
South-West Middlesex Group **T**
St. Albans and District Group, Herts Spastics Society **T**
Walthamstow and District Spastics Society
Watford and District Group, Herts Spastic Society **TC**
Welwyn Garden City and District Group, Herts Spastics Society
Wycombe and District Spastics Society **T**
(Reg. Off: R. C. Lemarie, 524 St. Alban's Road, North Watford. Tel: 41565)

South-Eastern Region

Bournemouth, Poole and District Spastics Society **CTE**
Brighton, Hove and District Branch **TOC**
Central Surrey Group
Croydon and District Branch **TEWC**
East Sussex Group **TC**
Folkestone and District Branch **H**
Isle of Wight Group **TE**
Maidstone Area Spastic Group **OT**
Medway Towns Branch **T**
North Hants and West Surrey Group **TEC**
North Surrey Group **W**
North-West Kent Spastics Group **W**
North-West Surrey Group **TEC**
Portsmouth and District Spastics Society **W**

Southampton and District Spastics Association **TOWC**
South-East London Group **T**
South-East Surrey Spastics Group (Redhill) **TO**
South London Group
South-West London and District Group
South-West Surrey Group **T**
Thanet Group
Tunbridge Wells, Tonbridge and Area Group
West Kent Spastics Society, Incorporating Bromley and District Spastics Group **W**
Winchester and District Spastics Group
(Reg. Off: H. J. I. Cunningham 29b Linkfield Lane, Redhill, Surrey. Tel.: Redhill 3944 and 2250). Reg. Social Worker, Mrs. Chinchin, same address.

Welsh Region (including Mon.)

Cardiff and District Spastic Assoc. **TC**
Colwyn Bay and District Spastics Society
Conway and District Branch
Flint Borough Spastics Association
Kenfig Hill and District Spastics Soc. **CT**
Merthyr Tydfil and District Spastics Soc.
Montgomeryshire Spastics Society
Pontypridd and District Group
Swansea and District Spastics Association **CW**
(Reg. Off: B. Kingsley-Davies, 2 Saunders Road, Cardiff. Tel.: 29289)

Western Region

Bath and District Spastics Society
Bridgwater and District Friends of Spastics Association **T**
Bristol Spastics Association **CTOW**
Cheltenham Spastic Aid Association **ET**
Cornish Spastics Society
Exeter and Torbay Spastics Society
Plymouth Spastic (CP) Assoc. **COETW**
Swindon and District Spastic Society
Yeovil and District Spastics Welfare Society
(Reg. O: Mrs. A. Mansel-Dyer, St. John House, 60 Staplegrave Road, Taunton, Somerset. Tel: 81678)
Jersey Spastic Society

Chief Regional Officer:

(A. M. Frank, M.C., M.A., 12 Park Cresc., London, W.1.)

Local Projects Secretary:

(D. Lancaster-Gaye, 12 Park Cresc., London, W.1.)

Key:

T—Treatment Available
E—Education
O—Occupational Centre
W—Work Centre
H—Holiday Home
C—Child Care
R—Residential Centre

